

**TITLE:**

The Ultimate CAD/CAM Dentistry Simple and Predictable

**ABSTRACT:**

While the adhesive technologies move towards simplifying the application steps, the indications have significantly broadened.

Aesthetics and good clinical features including function and ability to adhere to cements have always been the goal of research in dental materials for indirect restorations. A new and exciting material emerged from intense research and development in this area. It is called Resin Nano Ceramics. With its toothlike characteristics and features, this material satisfies both the function and aesthetics indirect restorations. As a material for CAD/CAM restorations, Resin Nano Ceramics is a material that is resistant to colour change over time and is easy to finish and polish, making it ideal for chairside as fabrication via lab systems. We will address the practical step by step aspects how to work with this materials: preparation, polishing, characterization, adhesion and repair.