SOME EXAMPLES OF HOW CLINICAL PSYCHIATRIC OBSERVATION MAY INSPIRE PSYCHOBIOLOGY

Chair: Dr. Manuel Gurpegui. University of Granada, Spain (gurpegui@ugr.es)

Lectures:

- Tobacco use and psychiatric disorders.
 - o Speaker: Dr. Luis Gutiérrez Rojas.
 - Institution: San Cecilio University Hospital and Department of Psychiatry,
 Universidad de Granada, Granada, Spain.
- **Cannabis** may play a catalytic role in psychosis.
 - o Speaker: Dr. Manuel Gurpegui.
 - Institution: Department of Psychiatry and Institute of Neurosciences, Universidad de Granada, Granada, Spain.
- Physical exercise is associated with better cognitive performance in a large Andalusian community sample.
 - Speaker: Dr. Blanca Gutiérrez
 - Authors: Gutiérrez, Blanca^{1,2}; Rivera, Margarita^{2,3}; Molina, Esther^{2,4}; Cervilla, Jorge^{1,2,5}.
 - Institution: 1) Department of Psychiatry, Faculty of Medicine, University of Granada, Granada, Spain; 2) Institute of Neurosciences, Biomedical Research Center, University of Granada, Granada, Spain; 3) Department of Biochemistry and Molecular Biology II, Faculty of Pharmacy, University of Granada, Granada, Spain; 4) Department of Nursing, Faculty of Health Sciences, University of Granada, Granada, Spain; 5) Mental Health Service, University Hospital San Cecilio, Granada, Spain.
- Oxidative stress in depression, bipolar disorder and psychosis.
 - o Speaker: Dr. Sara Jiménez Fernández.
 - Institution: Child and Adolescent Mental Health Unit, Hospital Complex of Jaén, Jaén, Spain.